Running On Empty: What Moms Need Most in 2022

["]Children, obey your parents in the Lord, for this is right. "<u>Honor your father and mother,"</u> which is the first commandment with promise: "that it may be well with you and that you may live long on the earth ..." Ephesians 6:1-3 (NKJV)

I. Introduction

II. The Eight Things That Moms Need in 2022

1. Moms need _____

"This I recall to my mind, Therefore I have hope. It is through the LORD'S mercies we are not consumed, because His compassions fail not. <u>They are new every morning; great is Your faithfulness.</u> "The LORD is my portion," says my soul, "Therefore I will hope in Him!" Lamentations 3:21-24

Four Biblical thoughts for moms concerning patience:

o When you're weary, remember that ______ o Remember that patience is an ______ o Remember that patience is a tool of God to ______ o In the developing of patience, God tells us to ______

2. Moms need ______

"Whenever we pray for you, <u>we always begin by giving thanks to God</u> the Father of our Lord Jesus Christ..." Colossians 1:3 (TLB)

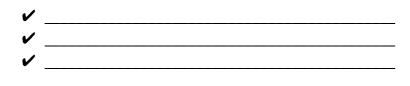
"Charm is deceptive, and beauty does not last; but a woman who fears the LORD will be greatly praised. Give her the reward her for all she has done. Let her deeds publicly declare her praise." **Proverbs 31:30-31 (NLT)**

3. Moms need a ______.

"It is useless and senseless for you to work so hard from early morning until late at night, anxiously working for food to eat; for <u>God gives the proper rest to his loved ones</u>. <u>Children are a gift</u> from the LORD; they are <u>a reward</u> from Him." **Psalm 127:2, 3 (NLT)**

"The thief does not come except to steal, and to kill, and to destroy. <u>I have come that they may have</u> <u>life, and that they may have it more abundantly.</u>" John 10:10 (NKJV)

Why can't we seem to strike the right balance regarding children?



4. Moms need _____

"If you need wisdom, ask our generous God, and He will give it to you. He will never rebuke you for asking." James 1:5 (NLT)

"God has hidden all the treasures of wisdom and knowledge in Christ." Colossians 2:3 (GW)

5. Moms need _____

"Her children stand and bless her; so does her husband. He praises her with these words: "There are many fine women in the world, but <u>you are the best of them all</u>!" Proverbs 31:28-29 (TLB)

"I remember your genuine faith, for you share the faith that first filled your grandmother Lois and your mother, Eunice. And I know that same faith continues strong in you." II Timothy 1:5 (NLT)

"...let her achievements praise her <u>at the city gates."</u> Proverbs 31:31b

6. Moms need _____

"Anxiety weighs down the heart, but <u>a kind word cheers it up</u>." Proverbs 12:25

"Instead, <u>speaking the truth in love</u>, <u>we will grow</u> to become in every respect the mature body of Him who is the head, that is, Christ." Ephesians 4:15

"Don't say anything that would hurt {another person}. Instead, speak only what is good ... that way, what you say will help those who hear you." Ephesians 4:29 (GW)

7. Moms need _____

"<u>Come to Me (Jesus), all you who labor and are heavy laden, and I will give you rest.</u> Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light." **Matthew 11:28-30 (NKJV)**

"But **those who wait on the LORD shall renew their strength;** they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint." **Isaiah 40:31 (NKJV)**

8. Moms need a consistently refueled _____! "Fight the good fight of the faith. Take hold of the eternal life to which you were called and about which you made the good confession in the presence of many witnesses." I Timothy 6:12

"In every circumstances take up the shield of faith, with which you can extinguish every flaming dart of the evil one." Ephesians 6:16

"...trust in Him at all times. Pour out your heart to Him, for God is a refuge for us." Psalm 62:8

"The mother's heart is the child's schoolroom."---Henry Ward Beecher

*"I don't believe there are devils enough in hell to pull a boy out of the arms of a godly mother."---*Billy Sunday

"Only God Himself fully appreciates the influence of a Christian mother in the molding of character in her children."---Billy Graham

ANSWER KEY:

- 1. Patience
 - o God understands
 - o Expression of love
 - o Help us grow
 - o Help each other
- 2. Appreciation
- 3. Life
- o Patterns
- o Selfishness
- o Others
- 4. Wisdom
- 5. Validation
- 6. Communication
- 7. Rest
- 8. Faith